# IN ROOM DINING BREAKFAST MENU

#### **BREAKFAST**

SERVED FROM 06:00AM - 11:00AM

## SET FULL IRISH BREAKFAST

Freshly Pressed Fruit or Vegetable Juice

Two Large Free Ranged Eggs - Cooked to your Preference (6)

Irish Back Rashers, Pork Sausages, Black & White Pudding (1,3,4,18)

30

28

Roasted Mushroom & Tomato. Sauteéd Potatoes

Fresh Fruit Salad or Yoghurt (5)

Choice of Toasted Bread served with Butter & Preserves (1,5)

Choice of Tea or Coffee

#### SET CONTINENTAL BREAKFAST

Freshly Pressed Fruit or Vegetable Juice

Sliced Seasonal Fruit Plate

Assortment of Freshly Baked Morning Pastries (1,5,6)

Choice of Toasted Bread served with Butter & Preserves (1.5)

Choice of Tea or Coffee

#### SET POWER BREAKFAST 25

Freshly Pressed Fruit or Vegetable Juice

Oatmeal with Skimmed Milk (3,5)

Seasonal Fruit, Greek Yoghurt & Bircher Muesli Parfait (1,3,5,10,12,14)

Fresh Fruit Salad

Choice of Toasted Bread served with Butter & Preserves (1.2)

Choice of Tea or Coffee

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Choice of - Corn Flakes, Crunchy Nut, All Bran, Luxury Muesli, Fruit 'N' Fibre, Special K, Coco Pops, Frosties, Rice Crsipies

#### ORGANIC PORRIDGE (3)

Served with Honey & Berries

#### BIRCHER MUESLI (1,3,5,10,12,14)

Muesli, Cinnamon, Apple, Yoghurt, Milk & Berries

#### FRESH FRUIT SALAD

Honeydew Melon, Cantaloupe Melon, Pineapple, Grapes

#### IRISH SMOKED SALMON PLATE (1,5,7,18)

Capers, Red Onion, Cream Cheese

## **TRADITIONAL** (1,5,6,18)

Two Eggs Cooked Your Way, Pork Sausage, Rasher, Grilled Tomato and Choice of Toast

## BALLSBRIDGE EGGS BENEDICT (1,5,6,18)

English Muffin, Grilled Ham, Poached Eggs, Grilled Tomato. Hollandaise Sauce

#### SMOKED SALMON EGGS BENEDICT (1.5.6.7.18)

English Muffin, Smoked Salmon, Poached Eggs, Grilled Tomato, Hollandaise Sauce

# BELGIAN WAFFLES (1,5,6)

Served with Berries, Vanilla Whipped Cream, Maple Syrup 16

13

7

5

6

## LEMON RICOTTA PANCAKES (1,5,6)

Served with Blueberry Jam, Maple Syrup

## FRESHLY PRESSED FRUIT JUICES

Orange, Grapefruit

9

10

9

16

13

15

17

#### CHILLED FRUIT JUICES

Apple, Cranberry, Pineapple, Tomato

#### VEGETABLE LUICES & SMOOTHIES

- Strawberry, Banana & Greek Yoghurt (5)
- Heirloom Beetroot, Carrot & Root Ginger
- Spinach, Pressed Apple & Celery

#### COFFEE SELECTION

Choice of Freshly Brewed Filter Coffee, Americano, Latte,

Cappucino, Espresso or Flat White. All available Decaf or Regular

# **BLACK TEA SELECTION**

Irish Breakfast, Earl Grey, English Breakfast, Lapsang Souchong, Darjeeling, English Breakfast Decaf

#### GREEN TEA SELECTION

Genmaicha, Jasmine Pearls, Gunpowder, Moroccan Mint

#### HERBAL TEA SELECTION

Aloe Verbana, Lemongrass & Ginger, Rooibus, Peppermint, Chamomile

HOT CHOCOLATE

