



## BREAKFAST

### FROM THE BUFFET

#### TRADITIONAL IRISH

#### BUFFET BREAKFAST 30

Selection of Fresh Fruits, Yoghurts, Granola, Muesli and Cereals, Pastries, Gluten Free Breads, Muffins, Fresh Honeycomb, Cheese, Charcuterie, Smoked Salmon, Your Choice of Eggs, Pork, Chicken Sausages, Irish Back Rashers, Hash Brown, Roasted Mushrooms, Tomatoes, Baked Beans, Black & White Pudding, Fresh Juices, Smoothies, Toast, Tea or Coffee

#### CONTINENTAL BUFFET BREAKFAST 23

Selection of Fresh Fruits, Yoghurts, Granola, Muesli and Cereals, Pastries, Gluten Free Breads, Muffins, Fresh Honeycomb, Cheese, Charcuterie, Smoked Salmon, Fresh Juices, Smoothies. Toast, Tea or Coffee

### À LA CARTE

#### HEALTHY START

#### Bircher Muesli Parfait (1,3,5,8,10,11,12,13,14,15) 10

Toasted Granola, Seeds & Nuts,

Low Fat Greek Style Yogurt

#### Oatmeal (1,3) 9

Fresh Berries, Honey, Toast

#### CRACK AN EGG

We proudly use Free Range Irish eggs

#### Ballsbridge Benedict (1,5,6,18) 16.50

Irish Gammon, English Muffin, Hollandaise

#### Florentine Benedict (1,5,6,18) 16

English Muffin, Spinach, Hollandaise

#### Smoked Salmon Benedict (1,5,6,7,18) 18

English Muffin, Spinach, Hollandaise

#### Choice Omelette (5,6) 16.50

Ham, Cheddar, Tomato, Onion,

Red Pepper, Spinach, Mushroom

#### Stack of Pancakes (1,5,6) 15

Buttermilk or Blueberry Pancakes,

Freshly Whipped Cream, Mapple Syrup

#### COLD BEVERAGES

#### Freshly Squeezed Juice 6

Orange or Ruby Grapefruit

#### Juice 5

Pineapple, Cranberry,

Apple, Tomato

#### Smoothie of the day 6

#### Juice of the day 6

#### HOT BEVERAGES

#### BEWLEY'S COFFEE

#### Americano 6

#### Cappucino 6

#### Café Latte 6

#### Café Mocha 6

#### Espresso 4.5

#### Flat White 6

#### Macchiato 6

#### Hot Chocolate 6

#### Shibui Loose Tea 6

Irish Breakfast

Earl Grey

English Breakfast Decaf

Gunpowder

Moroccan Mint

Chamomile

Lemongrass & Ginger

Allergen Guide: 1 Wheat / 2 Rye / 3 Oats / 4 Barley / 5 Milk / 6 Egg / 7 Fish / 8 Peanut / 9 Soybean / 10 Almond / 11 Walnut / 12 Hazelnut / 13 Cashew / 14 Pecan / 15 Pistachio / 16 Celery / 17 Mustard / 18 Sulphites / 19 Sesame / 20 Lupin / 21 Shellfish / 22 Crustaceous / 23 Pinenut. All prices are in Euros and inclusive of VAT

At InterContinental Dublin, we consciously purchase our food from sustainable sources, and we support local growers and producers where possible. The best quality meat and fish is handselected by our team of chefs from Irish farms and harbours. For food allergies and intolerances please speak to a member of our team about your requirements before ordering. Please note a discretionary service charge of 15% applies for groups of eight or more.

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