

Spa Treatment Menu Price List

TREATMENTS	DURATION	MID WEEK*	WEEKEND*
ESPA FACIALS			
ESPA Inner Beauty Facial	55 Mins	€140	€150
ESPA Intense Regenerating Facial	55 Mins	€140	€150
ESPA Instant Radiance Facial	85 Mins	€185	€195
ESPA Natural Facelift	85 Mins	€185	€195
ESPA Men's Deep Cleansing Facial	55 Mins	€140	€150

ESSENTIAL BODY MASSAGE

ESPA Inner Calm Massage	55 Mins	€140	€150
	85 Mins	€175	€185
ESPA Swedish Massage	55 Mins	€140	€150
	85 Mins	€175	€185
ESPA Deep Muscle Massage	55 Mins	€150	€160
	85 Mins	€185	€195
ESPA Hot Stone Massage	55 Mins	€150	€160
	85 Mins	€185	€195
ESPA Pre-Natal Relax & Restore	55 Mins	€140	€150
	85 Mins	€175	€185
Reflexology	50 Mins	€125	€135

* MID WEEK (Monday to Thursday) / WEEKEND (Friday, Saturday, Sunday & Bank Holidays)

TREATMENTS	DURATION	MID WEEK*	WEEKEND*
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ESPA BODY TREATMENTS

Back, Face & Scalp Treatment	85 Mins	€185	€195
ESPA Body Wrap	55 Mins	€140	€150
Deep Cleansing Back Treatment	55 Mins	€140	€150
Jet Lag Treatment	55 Mins	€150	€160

DAY SPA EXPERIENCES

Spa'licious		€165	€185
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EXPRESS TREATMENTS

Back, Neck & Shoulder Massage	25 Mins	€85	€85
Head Massage	25 Mins	€85	€85
Express Facial	25 Mins	€85	€85
ESPA Eye Lift	25 Mins	€85	€85
Salt & Oil Body Scrub	25 Mins	€85	€85
Invigorating Foot & Leg Treatment	25 Mins	€85	€85

ESPA